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Submission date: 28-Nov-2023 01:44AM (UTC-0600)

Submission ID: 2240650278

File name: 101-109_dedi.pdf (220.04K)

Word count: 3849

Character count: 20767



Analysis of Inhibiting Factors Achievement of Basketball STKIP Pasundan Cimahi

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Abstract

This study aims to measure how big the inhibiting factor for the achievement of the basketball Unit at STKIP Pasundan Cimahi. The method used in this research is descriptive quantitative and uses a survey research design. In this study, researchers used a google form questionnaire instrument. In this study, the population involved was 17 people and the researcher took a sample of 17 people using a total sampling technique. From the results of this study, the inhibiting factors for the achievement of UKM basketball STKIP Pasundan Cimahi are (1) Lack of facilities and infrastructure, (2) Management is not organized by the campus, (3) The lack of funding received by UKM, (4) athletes (SDM). With a percentage of 88%, this study concludes that the inhibiting factors for the achievement of UKM basketball STKIP Pasundan Cimahi are the lack of facilities and infrastructure, less organized management by the campus, the lack of funding received by UKM, and few human resources so that it can have a big impact on achievement. UKM basketball STKIP Pasundan Cimahi.

Keywords: Performance, UKM, Basketball

INTRODUCTION

In overcoming each existing problem, it is necessary to carry out an identification process, what is meant by identification in this research is finding or determining the factors inhibiting basketball achievement in the STKIP Pasundan Cimahi basketball UKM. The meaning of achievement is not just an award, Achievement is the satisfaction found in a person with the results he achieves and is appreciated by society (Firmansyah et al., 2020) Success in achieving achievement is of course caused by many mutually supporting factors. There are two factors that influence achievement, these factors are internal factors and external factors (dedi kurnia, 2022). Internal factors are factors that arise from within the athlete such as physical condition, technique, tactics, mental (psychic), while external factors are factors that come from above the athlete such as facilities and infrastructure, coaches, coaches, family, organization, funds, climate. , nutritious food and many others (Fatahillah, 2018).

There are many sports that can be chosen and used as specializations to improve physical and spiritual health and to create achievements. Sports can be classified into two categories, namely individual sports and group or team sports. Individual sport categories include: archery, chess, swimming, long jump, shot put, and many more. Meanwhile, group or team sports categories include: Hockey, football, volleyball, baseball, futsal, basketball and many others. One of the sports that is popular with people today is basketball.

Basketball is a type of sports game. Basketball sports games include games that use large balls. Basketball is a team game, where each person helps the team through efforts to improve individual skills. Basketball requires an integration of individual talents that does not become selfish but emphasizes cooperation. In improving the performance of the sport of basketball, this is in line with mastering the forms of training, techniques and tactics in the game of basketball that need to be mastered by every player, because techniques and tactics (Budiman et al., 2022) are two specific parts that basketball players must cultivate. To be able to play basketball, one must master the techniques of playing basketball and to be able to play basketball, one must master the basic techniques of playing basketball well individually (Schiff, 2020). The basic techniques in the game of basketball that players need to master are shooting, passing, catching (catching the ball), and dribble. Passing the ball or passing is one of the techniques that basketball players must master (Qi et al., 2019).

Basketball is an achievement sport that is very popular among students, so many basketball championships are held and participated in by students from elementary – middle – high school to university. Basketball is an achievement sport in the form of a team game. The game of basketball is played by two teams, each consisting of five people, who compete to score points by putting the ball into the opponent's basket (Zakaria, Adha, & Dedi, 2018). This sport is usually played in a closed room and only requires a relatively small field (Qi et al., 2019). The sport of basketball as a game is demonstrated by the use of a tool in the form of a basketball which is played by bouncing and throwing. The aim of this game is to put as many balls into your opponent's basket as possible and protect your own basket from the opponent's attacks (Carroll & Ketchell, 2012).

Basketball is not only an opportunity to develop oneself and collaborate with teammates, but also to develop emotional intelligence, physical fitness and, moreover, for achievement and lifestyle. To achieve optimal performance in basketball, quality training and an appropriate coaching system are needed. This is because there are factors that determine the achievement of sporting achievements. To deal with this problem, it is necessary to know the various factors that can influence an athlete's sporting performance,

remembering that the learning achievement achieved by a person is the result of the interaction of various factors that influence both from within (internal) and from outside (external) the individual.

The factors that determine the achievement of maximum performance in athletes are supporting (external) and inhibiting (internal) factors. External factors are factors that are within the individual which include physiology consisting of body shape and psychology consisting of achievement motivation while internal factors come from outside the individual which includes the environment, consisting of parents, coaches, schools, facilities and infrastructure, then achieving achievement. Athletes cannot be separated from supporting (external) and inhibiting (internal) factors.

At several state or private universities, there are various UKM (student activity units) activities, due to supporting positive activities for students. Types of sports in UKM include basketball, futsal, volleyball, football, hockey and many others. UKM activities are learning outside of intracurricular activities that can help students form character, improve skills or achievements, although basically it is widely accepted by the public, especially students, basketball can also be included in universities because basketball can be played on outdoor or indoor fields so that interest in it can continue to increase, in response to this. This university created a basketball UKM at the university so that students can improve their skills. With the UKM, it is hoped that students can channel their talents and can accommodate the sport of basketball which is much in demand by students so that students have positive activities. Basketball is not only found at universities but also in high schools and even elementary schools. This shows that basketball can be played and also developed by children so that their talents can be seen from an early age. UKM basketball is a learning activity outside of intracurricular activities that can help shape character and increase achievement which is expected so that universities can become a place for talent for students. , when students can excel the impact will be equally beneficial for both students and the university.

STKIP Pasundan Cimahi is one of the private universities in West Java that has Accreditation (A) and has many achievements in sports. This is proven by the number of SMEs who excel in championships, both West Java and national level championships. One of the STKIP Pasundan Cimahi UKM that always makes achievements is the UKM futsal and the UKM badminton. The STKIP Pasundan Cimahi basketball UKM is not very prominent in terms of achievements but is very minimal in terms of achievements. This can be seen from 2017 to 2021. The STKIP Pasundan Cimahi basketball UKM only achieved achievements in small championships and even then won 3rd place. After that, the

achievements of the basketball UKM STKIP Pasundan Cimahi is decreasing year by year. There are several factors that make STKIP Pasundan's basketball UKM performance decline, one of which is human resources. Human resources are the main factor in being able to excel in any sport, because a lack of human resources will affect achievement. You can see that when you take part in the UKM Basketball Championship, Stkip Pasundan Cimahi always fails in the phaseknock out even failed to qualify for the group phase.

In this research entitled "Analysis of Inhibiting Factors for the Performance of Basketball UKM STKIP Pasundan Cimahi", the researchers are trying to ensure that later the results of this research can help improve the performance of UKM basketball STKIP Pasundan Cimahi as well as the student athletes of UKM basketball can find out what the factors are. obstacles to their achievements and if this research is not carried out, it is feared that UKM student athletes will not be able to develop in improving the achievements that many of them rely on in basketball UKM, such as some students who hope that after graduating from college they can become professional players who play in the Indonesian basketball league and more. Worse still, it will cause a decrease in interest in basketball UKM, but it is hoped that researchers can help improve what is an inhibiting factor in basketball UKM and can also help increase interest in basketball, especially in UKM because this is an effort to boost basketball performance.

Referring to the explanation above, this researcher aims to help improve the achievements of the STKIP Pasundan Cimahi Basketball UKM..

METHOD

²⁹ The research method used is quantitative descriptive. This method is used based on considerations of research carried out to solve the problem being investigated by describing the condition of the subject or object (Firmansyah et al., 2020). The population in this research is the basketball UKM STKIP Pasundan Cimahi. TechniqueTotal Sampling used to determine the research sample, the sample I studied was 17 athletes from the STKIP Pasundan Cimahi basketball UKM. The instrument or measuring tool used to measure the variables of this research is by using a questionnaire. In accordance with the type of research and type of data, ¹⁸ the data analysis technique in this research uses descriptive analysis techniques using percentages. Previously, they would be categorized based on the ideal mean and standard deviation values. Categorizing the data uses the following criteria :

Table 1. Category Scale

No	Three Category Scale	Category
1	Low	$X < M - 1SD$
2	Currently	$M - 1SD \leq X < M + 1SD$
3	Height	$M + 1SD \leq X$

RESULTS AND DISCUSSION

Result

From the data analysis, the researcher calculated the score for each item by recapitulating the collection of questionnaire data from 17 respondents based on the data obtained and calculating the score with the highest score for all items 91, the lowest score 51, average/mean 80.47 and standard deviation (SD) 10,168. The following is presented in the form of a percentage table.

Table 2. Overall Data Categorization Analysis of Factors Inhibiting Achievement of UKM Basketball STKIP Pasundan Cimahi

No	Interval	Frequency	Percentage	Category
1	$X < 72$	2	12%	Low
2	$72 < X < 92$	15	88%	Currently
3	$X > 92$	0	0	Height
Amount		17	100%	

Based on the table above, it shows that the analysis of factors inhibiting the achievement of STKIP Pasundan Cimahi basketball SMEs has a percentage of 12% (2 respondents) in the "low" category, 88% (15 respondents) in the "medium" category and 0% (0 respondents) in the "medium" category. "Tall". Based on the data analysis above, the analysis of factors inhibiting the achievement of STKIP Pasundan Cimahi basketball UKM is 88%, which is included in the "Medium" category.

After the percentage is obtained, it is interpreted using quantitative sentences with the following standards:

Table 3. Category scale table

No	Three Category Scale	Category
1	Low	$X < M - 1SD$
2	Currently	$M - 1SD \leq X < M + 1SD$
3	Height	$M + 1SD \leq X$

Discussion

This research was conducted to measure how big the factors inhibiting the achievement of STKIP Pasundan Cimahi basketball UKM. Data collection in this research used the questionnaire methodgoogle form. Data from the questionnaire results shows that support from campuses, coaches, coaches, athletes and organizations is 88% in the medium

category and is an inhibiting factor in the achievement of STKIP Pasundan Cimahi basketball UKM. From the questionnaire results data that has been obtained and explained above, this proves that support For UKM basketball is very minimal because campus support within the organization is very vital (Rosita, 2014) . Campus support can help UKM develop well. With the results of the questionnaire obtained if the management is good, athletes believe that they are able to become better and can achieve much more (Supriadi, Friskawati, & Karisman, 2023). Campus support can have an impact on facilities and infrastructure, because the campus is the biggest contributor in providing equipment for basketball SMEs, minimal campus support will have an impact on funding, as stated by (Firmansyah et al., 2020) that activities UKM has inhibiting factors, including (1) lack of facilities and infrastructure, (2) less organized management by the campus, (3) minimal funding received by UKM, (4) athletes (HR).

The results of this data can be concluded that campus support is vital because it can have an impact on the provision of equipment and also on funding. In SME activities it is not easy to carry out because there are factors that hinder it, therefore SMEs must have supporting factors such as:

(1) the existence of facilities and infrastructure that support activities, the success or failure of an achievement is caused by several factors, one of which is tools and facilities. Lack of training support facilities will hinder achievement, not only the facilities as well as the condition of the equipment used must be considered. No less important is the environment that is expected to support the achievements carried out because with a conducive environment athletes can focus more during training. (2) there is a commitment from the campus, the UKM coaches always provide direct support in every match and during training, however there is no support from the campus when the athletes are training as if they would just leave the athletes alone with the coaches, so the campus and the UKM coaches don't knowing what basketball UKM needs, such as equipment that is less supportive, such as basketballs, which are mostly damaged, things that can also affect funding, funding for UKM activities has been planned from the start by campus institutions, but funding for UKM activities is not only only for basketball UKM but also for other UKM in STKIP Pasundan Cimahi. (3) coaches are an important thing in UKM because with a coach the campus program will be able to run, but the problem that exists in the STKIP Pasudan Cimahi basketball UKM is that the coach does not go directly to training but instead the coach goes directly to the field when there is a championship. and a new coach took to the field. A good coach will have high discipline, this is also what his athletes will emulate. Coaches are also motivators for their athletes, because in the field there are

quite a few athletes who do not have the desire or awareness to carry out training to achieve their achievements. The role of the coach is to motivate and stimulate the athlete's self-confidence to be more diligent in achieving their achievements, because athletes still need a lot of input from people they consider to be their motivator. (4) athletes (HR) are one of the main components in achievement, athletes are expected to be able to advance the achievements of STKIP Pasundan Cimahi basketball UKM. Through coaching, it is hoped that athletes can develop their abilities and potential so that later athletes can achieve optimal performance. According to Suharno (Lishard, 2017) the elements that an athlete needs to receive coaching in order to achieve optimal performance are physical coaching, technical coaching, tactical, mental development, competitive maturity and skill development. Athlete (HR) is a supporting factor in achieving the achievements of the STKIP Pasundan Cimahi basketball UKM, this is because the human resources in the UKM are only the same, there is no regeneration that can help achieve achievements and so that the STKIP Pasundan Cimahi basketball UKM gets quality athletes. Be it basic technique or ideal posture, the campus must promote or open scholarships so that quality athletes are immediately attracted to and join the STKIP Pasundan Cimahi basketball UKM. (5) the responsibility of all those involved starting from the campus, UKM supervisors, coaches and athletes (HR).

Factors inhibiting the achievements of the Pasundan Cimahi stkip basketball UKM are influenced by many factors, as can be seen from the discussion above, the most striking factor is support from the campus, however, the factors that support athletes to achieve are also quite striking, with athletes enthusiastically participating in every basketball UKM activity. This can start from the activeness of the coach as a representative of the campus to support campus support, in this way it is hoped that campus support can help the STKIP Pasundan Cimahi basketball UKM to develop, because with the coach's activeness the problem of the availability of facilities and infrastructure as well as funding can be resolved. Along with improvements to these factors with an ongoing improvement process according to wishes, the expected goals can be achieved.

The results of the research and also the theory presented previously can be used as input for other researchers so they can find out the factors that can support the achievements of STKIP Pasundan Cimahi basketball UKM. And the researcher also recommends using the interview method, going directly to the campus and also the basketball UKM so that the researcher knows what the real situation is and the respondents can answer honestly about what obstacles hinder the achievements of the STKIP Pasundan Cimahi basketball UKM.

CONCLUSION

Based on the results of research entitled "Analysis of Factors Inhibiting Achievement of Basketball UKM STKIP Pasundan Cimahi", which was carried out at the STKIP Pasundan Cimahi college and the sample in this research were athletes from the STKIP Pasundan Cimahi basketball UKM, totaling 17 respondents. It can be concluded that the factors inhibiting the achievement of STKIP Pasundan Cimahi basketball UKM are very "medium", the researcher knows this from the results of research in the form of a questionnaire google form which is distributed via WhatsApp link google form to the STKIP Pasundan Cimahi basketball UKM athletes. Based on the results of data calculations, it is known that the inhibiting factor for the achievement of STKIP Pasunda Cimahi basketball UKM is "88%" and if you look at the category curve, this figure is in the "MEDIUM" category. This inhibiting factor comes from campus support, the support provided by the campus is not only from funding or programs, but there is also direct support for athletes in the field. This can also help motivate athletes to compete. Apart from that, the coach's activeness is a very important factor because the coach is the representative. campuses are assigned to develop UKM, making UKM develop very slowly from year to year, but the process of each athlete's training must also be paid close attention because support from the campus is very influential on the achievements and also activities within the STKIP Pasundan Cimahi basketball UKM which can have an impact on problems. intern such as funding and also training activities, because according to the explanation explained above, training activities include coaching and implementing programs, both short and long term.

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