



Impact of Physical Education Facilities on Student Interest Learning at Islamic Boarding School

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Abstract

The aim of this research is to describe, describe and describe the impact of physical education facilities and infrastructure on Islamic boarding school students' interest in learning. This research method uses a qualitative descriptive method with a survey approach. This research was conducted at the Tahfidz Quran Al Azhaar Ummu Suwanah Islamic Boarding School. The population in this study was class IX students of the Tahfidz Quran Al Azhaar Ummu Suwanah Islamic Boarding School. 40 The sampling technique used was purposive sampling technique. The sample in this study was 15 students and 1 PJOK teacher. The instruments used in this research were observation, interviews, closed questionnaires and documentation. Based on the results of the analysis of physical education facilities and infrastructure on Islamic boarding school students' interest in learning, it can be concluded that these facilities and infrastructure are very influential in Islamic boarding school students' interest in learning. Judging from the factors that influence their interest in learning, they tend to be external factors, namely inadequate facilities and infrastructure, the target of memorizing the Al-Quran that they have to achieve in Islamic boarding schools and busy boarding school activities which make it difficult for them to focus on studying. It is hoped that cooperation between Islamic boarding school parties and physical education teachers will try to provide the infrastructure needed for physical education learning.

Keywords: Infrastructure, Interest in Learning, Islamic Boarding School.

INTRODUCTION

Health Education is the most important thing in human life. This means that every human being has the right to receive and hopes to always develop in education. Education in general means a life process in developing each individual to be able to live and survive, so that becoming an educated person is very important. The first education that is obtained is education from the family environment, school environment and community environment. Therefore, adults or parents need to pay attention to their children's education from an early age (Rahayu, 2016).

The smoothness of teaching and learning activities in physical education lessons cannot be separated from the availability of adequate facilities and infrastructure. The existence of adequate facilities and infrastructure will reflect the quality of education, so that the goals of physical education will be achieved well. However, on the other hand, if the conditions of the facilities and infrastructure are inadequate, it will have an impact on the low quality of education, and the curriculum will not even work as it should.

Interest is a persistent tendency to pay attention to and remember some activity. Activities that students are interested in are paid attention to continuously, accompanied by a feeling of pleasure and a feeling of satisfaction. It is further explained that interest is a feeling of liking and interest in something or an activity, without anyone telling you (Siagian, 2015). Interest is a constant process of paying attention and focusing on something one is interested in with feelings of pleasure and satisfaction (Pratiwi, 2017). For children who are interested in a job or activity, their experience is much more enjoyable than those who feel bored (Nurhayati & Nasution, 2022). interest in learning does not only depend on ability, but also depends on whether someone chooses a mastery goal (learning goal), the focus of which is to learn a new ability well; or performance goals, the focus of which is demonstrating or showing our abilities to others (Nurhasanah & Sobandi, 2016). Interest is a change in energy within a person's personality which is characterized by the emergence of affective (feelings) and reactions to achieve goals. Interest in learning can be measured through 4 indicators, namely interest in learning, attention to learning, motivation to learn and knowledge (Herliandry et al., 2020). Interest in learning is a phenomenon that arises from individual interactions with their environment (Dores et al., 2019). Interest is a person's desire to carry out a certain behavior (Sholehudin & Kurnia, 2022). Interest is a feeling that arises from someone who has a feeling of liking or interest in something or an activity so that someone can voluntarily carry out that activity without any coercion from other people (Muchlisin et al., 2022). Basically, someone carrying out an activity or activity is always based on a high interest in carrying out that activity or activity (Wu, X., Gao & Lian, 2020).

Apart from the environment, the desire and enthusiasm for learning is

influenced by the condition of the students themselves when studying. If the conditions they face are less supportive, students will usually tend to be less interested in studying or less concentrated in following each lesson given (Sirait, 2016). Interest in learning is the individual's desire for learning activities that have been carried out with feelings of joy and sincerity (Sari et al., 2021). However, you need to know that it is not only the subject that is able to attract students' interest, another important thing is how competent the teacher is to package physical education lessons to make them more effective, efficient and interesting (Solihin, 2016).

Facilities are equipment that can be moved to support the function of activities in an educational unit. These facilities can include equipment, furniture, educational media, equipment to support teaching and learning activities, and books. Facilities are also everything that is used in the educational process as a tool in achieving meaning and goals in an education which consists of all forms and types of equipment and supplies. used in sports activities. Sports facilities can be in the form of nets, balls, javelins, whistles, stopwatches, shoes, rackets and supporting equipment to support the needs of activities in physical education and are tools that can be moved around and can be stored in one place so that they can be used again when needed. . For example balls, nets, costumes, rackets, etc (Kartika et al., 2019).

In physical education learning activities, not all students show enthusiasm or positive interest when carrying them out, especially with differences in school backgrounds as above. There are 6 factors that influence interest. The 6 factors are as follows: Motivation and ideals, family, role of teachers, facilities and infrastructure, social friends and mass media. Meanwhile, learning is interpreted as a process of changing behavior as a result of individual interactions with their environment (Susanto, 2012). Changes in behavior regarding learning outcomes areI continue, functional, positive, active, and focused (Pane & Darwis Dasopang, 2017) In terms of pressure or demands in learning, Islamic boarding school-based school students are also different from public school students. Islamic boarding school students are required to understand and deepen religious knowledge more than formal knowledge. Public school students seem to have more time and perhaps

they are more required to understand the science of formal education compared to the science of religion. Although it cannot be denied, there are also many public school students who have a good understanding of religion. These differences make researchers increasingly interested in knowing the learning interest of Islamic boarding school-based school students towards physical education learning activities.

Furthermore, what was visible in the initial research observations was that there were differences in the background of wishes or desires, which also caused problems in students' interest in learning. There are parents who force students to attend Islamic boarding schools, resulting in a lack of interest in students' learning and parents will have difficulty providing understanding for the students or children themselves. It is not only interest in learning that needs to be considered, but the teacher's way of delivering physical education lessons also needs to be considered. In observations, researchers also found that teachers tend to provide delivery using the lecture method which is not balanced with practice in the field due to limited tools or facilities and infrastructure to support physical education learning. The next obstacle that is clearly seen by the author is the number of boarding school programs which are very busy and the target is memorizing Al-The Koran causes students to divide their focus between studying and memorizing the Al-Quran. This is thought to be a factor in the decline in students'/students' interest in learning in physical education lessons and other general subjects.

METHOD

This research uses a quantitative survey method. This research uses qualitative methods because the problems are complex and full of meaning, and uses a descriptive type, namely by providing a specific description of physical education facilities and infrastructure regarding Islamic boarding school students' interest in learning. This research uses observation, questionnaire interviews and documentation as supporting tools (Rijali, 2019). The population in this study was class IX students of the Tahfidz Quran Al Azhaar Ummu Suwanah Islamic Boarding School. 40 The sampling technique used was purposive sampling technique. The sample in this study was 15 students and 1 PJOK teacher. Data collection techniques using observation (interviews or questionnaires) are not in-depth, and research results tend to be generated (Sugiyono, 2012b). Data analysis

techniques In qualitative research, data analysis is carried out inductively. Inductive means the process of drawing conclusions from specific matters to general conclusions. In qualitative research, researchers try to collect facts from specific phenomena or events, then draw general conclusions (Putra & Mujiati, 2016).

RESULTS AND DISCUSSION

The aim of this research is to determine the impact of physical education facilities and infrastructure on Islamic boarding school students' interest in learning. The main focus of this research is students' learning interest, where the results of this research will present the research context in the form of a description of the Tahfidz Al Azhaar Ummu Suwanah Islamic Boarding School, Tangerang City, existing facilities and infrastructure and students' learning interest at the Tahfidz Al Azhaar Ummu Suwanah Islamic Boarding School, Tangerang City. The Tahfidz Quran Al Azhaar Ummu Suwanah Islamic Boarding School is a modern Islamic boarding school which has a system and regulations that apply within it, just like Islamic boarding schools in general where male students and female students are separated in terms of residence, study room and even buildings in the Islamic boarding school. The Tahfidz Quran Al Azhaar Ummu Suwanah Islamic Boarding School located in Tangerang City has two different buildings, where building 1 is intended for female students (banat) and building 2 is intended for male students (banin). In this study, the researcher chose informants taken from building 1, where all the students were female. Students are the main subject in the learning process, because students are

the central actor in learning activities and the party who is the goal of the success of the learning process. Meanwhile, the other components are supporting factors to achieve learning success, so students are active in developing themselves in accordance with Law No. 30 of 2003 concerning the education system, so that the success of teaching and learning activities cannot be separated from the role of students. Without students, the teaching and learning process will not take place, so this factor plays a very important role in the implementation of the teaching and learning process at the Tahfidz Quran Al Azhaar Ummu Suwanah Islamic Boarding School.

Research Findings

a. Observation Results

Based on the results of observations made by the author regarding the physical education facilities and infrastructure at the Tahfidz Quran Al Azhaar Ummu Suwanah Islamic Boarding School, Tangerang City, this condition can be explained by the

existence of physical education facilities at the Tahfidz Quran Al Azhaar Umu Suwanah Islamic Boarding School. The condition of the field with an area of 29 meters x 15 meters is included in the "standard" determined by the government, where the minimum standard for a school field is 20 meters x 15 meters. Apart from that, the author also found that the physical education equipment was inadequate, such as 1 volleyball ball, 1 takraw ball, 1 baseball, 5 cones, 1 skipping ball, and 2 modified paper balls. So the number of facilities and infrastructure at the Tahfidz Quran Al Azhaar Ummu Suwanah Islamic Boarding School is only 7 facilities and 1 physical education infrastructure. This is in the category far below the standard facilities and infrastructure set by the government.

b. Interview result

Based on the results of an interview with the school, namely the physical education teacher, regarding the lack of school facilities and infrastructure, Mr. Ubay said "Wow, in my opinion, it's still not really enough, because there are only a few tools". Mr. Ubay said that the school had not been able to meet the minimum standards for physical education facilities and infrastructure due to limited land and the large amount of money used for the development and construction of boarding houses. "Yes, maybe there is still a lot of expenditure on development and development, because Islamic boarding schools are still focused on development here." Physical education teachers tend to only be able to provide lecture methods to students because of the limited facilities and infrastructure in Islamic boarding schools. This gives the physical education teacher anxiety about the student's interest in learning, Mr. Ubay said "I am also worried and actually have difficulties, if I don't have tools like this for teaching, I'm afraid that the children will be less interested in learning physical education, because physical education is synonymous with practice in the field, not lectures in class." . According to Pramono H (2012: 14), poor facilities and infrastructure will gradually affect teachers' competence, because they are unable to facilitate their students during the teaching and learning process, which will indirectly hinder their performance. Thus, the problem of infrastructure must be resolved immediately.

Then the author asked about the students' interests regarding studying physical education at the Islamic boarding school. Mr. Ubay said "in my opinion it is still lacking, because that factor is the lack of existing facilities and infrastructure, if you look at the number of children who are absent or excuse themselves from taking part in my learning." According to Mulyadi et al (1992: 31) that, "Means means direct tools to achieve educational goals" is very relevant, because if you look at the questions answered

by Mr. Ubay, it really reflects how important the existence of existing facilities is to support the continuity of the learning process and achieve learning goals. As a physical education teacher, seeing this problem, we certainly cannot remain silent. Even though the conditions of facilities and infrastructure are limited, physical education must run well. Mr. Ubay said, "I think, I can't just stay silent, sometimes I modify tools using whatever equipment I have. "Even though it's not the same as the original, at least children can learn more or less techniques such as overhead passing in volleyball using modified paper made to resemble a ball." Therefore, Sukiyandari, L. and Kardiyono (2016:2) argue that the lack of existing facilities and infrastructure in schools requires a physical education teacher to be more creative in delivering material with inadequate facilities and infrastructure. Therefore, teachers must continue to develop their creativity to overcome these problems, one of which is designing learning strategies.

Based on the results of interviews conducted by the author with physical education teachers at the Al Azhaar Ummu Suwanah Islamic Boarding School, Tangerang City, the physical education learning strategies used to overcome the limitations of facilities and infrastructure are as follows: 1) Select physical education materials that are adapted to existing facilities and infrastructure. Islamic boarding school, Mr. Ubay said "sometimes I only give materials that have the tools, if there aren't any, what do you want to do?" 2) Modifying physical education facilities and infrastructure. Mr. Ubay said, "I think, I can't just stay silent, sometimes I modify tools using whatever equipment I have. Even though it is not the same as the original, at least children can learn more or less techniques such as overhead passing in volleyball using modified paper made to resemble a ball." In the scope of games and sports, the athletic materials chosen by teachers are jogging and circuit training. The selection of material is combined with the scope of development activities. These two materials were chosen because the field at the school is rectangular in shape so it is very possible for learning jogging and circuit training. Mr. Ubay said, "I mostly give children jogging and training circuits because we have limited space." Srijono Brotosuroyo et al (1994: 297) said the same thing, "By using teaching and learning aids or media, teaching can become more concrete. and interesting so that it is easy for students to understand and understand." Based on the interview above, it can be concluded that the unavailability of facilities and infrastructure can have a big influence on the course of the physical education learning process and influence students' interest in learning about physical education, and modification tools can help students in learning PJOK and to complement the limitations of Islamic Boarding Schools. Tahfidz Quran Al Azhaar Umm Suwanah.

It can be concluded that the factors that influence their interest in learning tend to be external factors, namely inadequate facilities and infrastructure, the target of memorizing the Koran that they have to achieve in Islamic boarding schools and busy boarding school activities which make it difficult for them to focus on studying, as well as other factors. Internal support for their interest in learning is that they like it when they study in the field, because they tend to get bored if they keep studying in the classroom. From the results of research conducted by researchers, researchers can see that the availability of physical education facilities and infrastructure is very influential in their interest in learning. They think that the availability of physical education facilities and infrastructure is adequate. Their interest in learning physical education is quite high. Likewise, if the availability of physical education facilities and infrastructure is inadequate then they will not be enthusiastic about learning physical education.

CONCLUSION

Results The availability of facilities and infrastructure is a very important factor in physical education. Complete and adequate facilities and infrastructure support the success of physical education learning in achieving optimal physical education goals. However, it cannot be denied that limited infrastructure in schools or Islamic boarding schools is an obstacle to the implementation of the physical education teaching and learning process and has quite an impact on students' interest in learning.

1. Based on the results of the analysis of physical education facilities and infrastructure on Islamic boarding school students' interest in learning, it can be concluded that these facilities and infrastructure are very influential in Islamic boarding school students' interest in learning. Judging from the factors that influence their interest in learning, they tend to be external factors, namely inadequate facilities and infrastructure, the target of memorizing the Al-Quran that they have to achieve in Islamic boarding schools and busy boarding school activities which make it difficult for them to focus on studying, as well as internal factors. supporting their interest in learning is that they are happy when they study physical education, because they tend to get bored if they keep studying in class.
2. Based on the results of the research above, it can be seen that the strategy used by physical education teachers in overcoming the limitations of physical education infrastructure is by selecting physical education materials that are adapted to the existing infrastructure in the school, modifying physical education infrastructure.

Teachers choose physical education materials based on the infrastructure owned by the school or infrastructure that is easy to modify.

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