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Playing Approach to Passing Skills in Learning Futsal Sports

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Abstract

This study aims to determine how much influence the playing approach has on passing skills in learning futsal sports. This study uses an experimental method using The One Group Pretest Posttest Design. The population in this study were XII IPS 4 Man 3 Cirebon class students totaling 30 students, the sampling technique used was total sampling so the sample used in the study amounted to 30 students. The research instrument used was the Passing Test. Data analysis was carried out using Microsoft Excel and SPSS. Based on the results of research calculations and data analysis of the passing test results, the approach of playing in learning given in the form or situation of the game A significant increase can also be seen from the average which was originally 14.3 or 48% to 17.6 or 59% declared very good. So the conclusion in this study is: there is a significant influence of the playing approach on passing skills in learning futsal sports.

Keywords: Playing Approach, Passing Skills, Futsal Sports.

INTRODUCTION

Education is an integral part of something development. Educational process Alone No Can separated from the development process. Education can also be done interpreted as vehicle source Power humans to be able to develop himself. Education is also one effort For increase quality life man For further level of the future OK, so education hold very important role in increase quality source Power man For a country (Budiman & Pasundan, 2023). Education as well business conscious and planned that education as form of process that must be thought and prepared in a way ripe To use will impact on the process of activities on students (Budi et al., 2021). For the sake of realize objective education national so need exists mutual performance support between component in system education in every unit education, no exception role from each eye lesson For reach objective education national that's one of them that is PJOK (Friskawati & Sobarna, 2019) learning.

Physical education is one of component educational nature unique with utilise activity physique For produce change holistic For quality individual, fine in matter physical, mental, as well emotional, PJOK learning can also be done prepare students so they can develop Skills motion in a way maximum. Understanding student to PJOK learning provides convenience in the understand and do motion basis at the moment activity

activity sport. Game big ball in PJOK divided into 4, namely : Basketball, Volleyball, Football and Futsal (Al Barezi, 2019)etc. One of learning researcher 's material objective that is futsal game.

Now – now this, Futsal moment This has become sport favorite people all over the world, including in Indonesia from circles children until adults, no only man like sport This but race girls like it too futsal sport. Futsal has privilege alone, movement move in a way fast with run every time and size more field small from football is characteristic typical from sport This.(Setiawan et al., 2021)

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Futsal is ball game played by two squads, each consisting of five people. The goal is put the ball in goal against, with manipulate the ball with the feet and limbs other bodies besides hands, except position goalkeeper. Apart from five players main, every squads are also permitted own player reserve. Futsal is games played inside room (indoor) or outside room (outdoor) with size field length 25-42 meters, width 15-25 meters. Futsal is a must own technique adequate basics, such as passing, receiving (control), dribbling, kicking and heading.(Setiawan et al., 2021)

Passing is one of them technique base much needed futsal game every player. The field is flat and sized ³small field hard and accurate passing is required because the ball is rolling parallel with heel player (Fikri & Fahrizqi, 2021; Noviada et al., 2014). This matter caused almost throughout futsal game uses passing. Passing is very important in futsal game, because If We dribble Keep going continuously without next pass the ball to friend, foe will with easy read movement us, and cut the ball with fast. In other words, passing is breath in futsal game. For control passing skills required mastery movement so that desired target achieved. (Santiaji, 2020)Passing is technique pass the ball from One player to other players in One team. Passing the ball in futsal is a must with speed tall Because futsal field no too wide so that all over slow movement can cut against. The part of the foot used for passing is the part of the foot in. Whereas In general, futsal passing techniques can be used shared become three type that is technique bait with the legs outside, heel as well as the legs in.

Learning futsal material is a must still delivered to student Where in Futsal material is available inside foot passing material by reason that's what teachers expect capable using model or the right method To use still conveyed it material learning futsal. Learning process in class, the teacher's job is give learning to his students with provide condition maximum learning. Realize that required teacher duties To use strive situation learn what you can increase attention to students, for push as well as awaken activity student. So you can try carried out by educators so that they can create situation learning makes student more

enthusiasm is also motivated, one of them with use more learning media creative and effective. (Al Barezi, 2019) So that's it learning moment taking place his the material presented student so No monotonous or teachers must be bored give do variations and combinations deep passing technique futsal learning to A play or apply their passing technique to in Futsal game. With play, students can increase motivation and interest child For Study become excited and expected results optimal learning. By not realized through game, students has do perceived movement pleasant for student the.

Implementation modification is very necessary for every education teacher physical as one of the alternative or solution in overcome problems that occur in the learning process teach education physical. Something activity Study teach naturally No Can free from use of media as means supporting, with existence of sustainability media learning can walk more good and interesting. (Orlando & Saputra, 2020) Therefore That do drill method or form learning repetitive technique movement his student So bored so it 's needed Work hard For teach students to be skilled do techniques base correct passing movement as well as No saturate, through games on the material futsal learning. The reality in the field is that teachers often experience difficulty in convey appropriate material. Physical Education teacher must clever search and apply variations in learning. Forms varied learning will bring excitement in learning going on, so elements Power endurance, coordination movement, agility and components component physique other will still maintained.

Approach play is learning provided in form or situation game. From understanding approach play the can concluded that approach play very effectively used to child educate to make child feel like in do activity, and also will grow characteristic Work together, mutually appreciate, and also grow formation of social feelings. (Arrahman et al., 2019)

Approach play is one of possible approach used in education physical. Game is one of from Lots vehicle For bring child to living together or social. Children will understand and appreciate himself or her friend. In children who play, it will a sense of togetherness grows, which is very good for formation of social feelings. In game child will know power, mastery tool play, and know characteristic tools, In game, kid can have atmosphere, which is not only disclose his fantasy course, but also will disclose all characteristic original, and disclosure That done in a way obedient and spontaneous. Old boys and girls The same will do different to the same game. In game, kid disclose Miscellaneous emotional, and appropriate with what he got moment That type emotion That he stated, as well No leads to achievement. In play child will brought to pleasure, joy, and happiness in the world of life children, everyone situation This have meaning vehicle education. Game will

underlying cooperation, obedience to regulation games, coaching character Honest in games, and all This will form nature (honest, nature knight, or good) in play. Danger in play can just arise, and circumstances This will Lots use in real life.(Arrahman et al., 2019)

Approach play is learning provided in form or situation game, Approach play For increase results learn Futsal in question that is studied Futsal already conceptualized in form. Student given a number of game To use For increase interest and motivation Study student so that results Study to be optimal.

METHOD

Method used in study This is method experiment (Nisa et al., 2022). Research design this also uses The one Group Pretest Posttest Design. Population in study This is student class XII IPS 4 Man 3 Cirebon, totaling 30 students, sampling technique used in study This is the total sampling. So sample in study This totaling 30 students.

Data collection was carried out with give passing test to 30 students with distance 5 meters with 2x chance in do the test. Before given treat done pre-test Then given treat the learning process approach play and after That done post test, then the data is analyzed using the t-test.

RESULT AND DISCUSSION

Result

data obtained after implementation study This is pretest and posttest data scores. Pretest data in study This is score data obtained before given treatment to student class XII IPS 4 MAN 3 Cirebon who became sample in study This. Whereas *posttest* data scores is the data obtained after given *treatment*. Total score results *pretest* and *posttest* shown in the table as following :

Table 1. Categories Skills *Pretest* Score Assessment Futsal *Passing*

Intervals	Score Range	Passing Product Value	Frequency	Percentage
81-100%	≥ 25-30	Very well	0	0%
61-80%	≥ 19-24	Good	4	13%
41-60%	≥ 13-18	Enough	14	47%
21-40%	≥ 7-12	Not enough	12	40%
0-20%	≥ 0-6	Very less	0	0%
	Amount		16	100%

From the table above can is known that level Skills technique *passing* student futsal game class XII IPS 4 MAN 3 Cirebon before given *treatment* or in the *pretest* is " enough " with consideration frequency the most how many in the category Good very with 0 people

or 0%, category either 4 people or 13%, category just 14 people or 47%, category less than 12 people or 40%, and 0 people or 0% for very poor category.

Table 2. Categories *Posttest* Score Assessment Skills Futsal *Passing*

Intervals	Score Range	Passing Product Value	Frequency	Percentage
81-100%	≥ 25-30	Very well	3	10 %
61-80%	≥ 19-24	Good	10	43 %
41-60%	≥ 13-18	Enough	13	33 %
21-40%	≥ 7-12	Not enough	4	14 %
0-20%	≥ 0-6	Very less	0	0%
	Amount		16	100%

From the table above can be known that level Skills technique *passing* student futsal game class XII IPS 4 MAN 3 Cirebon after given *treatment* or on the *posttest* is “ enough ” with consideration frequency the most how many in the category Good very with 3 people or 10%, category either 10 people or 43%, category just 13 people or 33%, category less 4 people or 14%, and 0 people or 0% for very poor category.

Following is a difference diagram *pretest* and *posttest* Skills technique *passing* student futsal game class XII IPS 4 MAN 3 Cirebon :

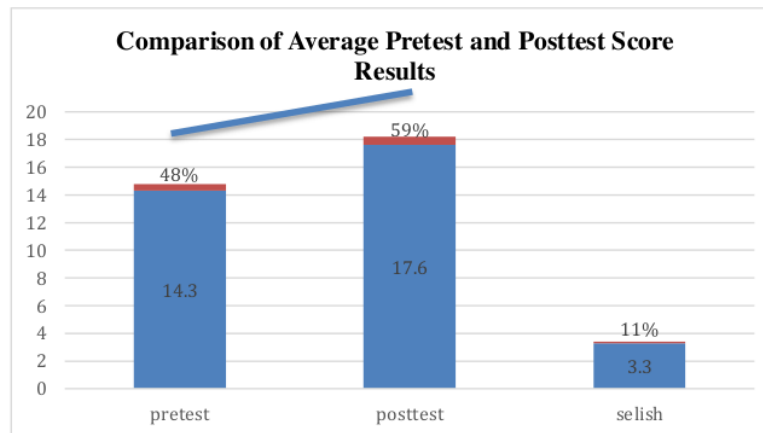


Figure 1. Difference in Average *Pretest* and *Posttest* Results

For give description general about distribution of the data obtained from results exercise method play to Skills *passing* futsal game, then the data processed and analyzed as carefully as possible. Data processing is carried out use help *Microsoft Excel* 2019 software. As for the description The test results are shown in the table as following :

Table 3. Descriptive Test Results Statistics Skills Futsal Passing

Data	Minimum	Maximum	Average	Percentage	Deviation standard
<i>Pretest</i>	9	20	14.3	48%	3,315
<i>Posttest</i>	11	25	17.6	59%	4,514

From the table above can is known that average value of results skills *pretest* technique *passing* student futsal game class XII IPS 4 MAN 3 Cirebon that is as big as 14.3 or 48% with mark deviation standard 3,315. Average value of results *posttest* Skills technique *passing* student futsal game class XII IPS 4 MAN 3 Cirebon that is as big as 17.6 or 59% with mark deviation standard 4,514.

Table 4. T-test Result

	Pretest	Posttest
Mean	14,3	17,6
Variance	10,99	20,38
Observations	30	30
Pearson Correlation	0,98319	
Hypothesized Mean Difference	0	
df	29	
t Stat	-12,97237124	
P(T<=t) one-tail	6,66958E-14	
t Critical one-tail	1,699127027	
P(T<=t) two-tail	1,33392E-13	0,013
t Critical two-tail	2,045229642	

From the table above obtained t value of - 12.97237124 with degrees $\alpha = 0.05$ and obtained $P(T \leq t) \text{ two-tail} = 0.013$. With thereby obtained mark significance $0.013 < 0.05$ then can concluded H_0 is rejected and H_a is accepted, meaning There is difference in average values more *pretest* and *posttest* Good with approach play to Skills *passing* futsal game

Discussion

Analysis results from study This approach play proven give benefit to level Skills *passing* in learning student futsal sport class XII IPS 4 MAN 3 Cirebon and show enhancement Skills passing.

Based on analysis of known data that approach play influential to level Skills *passing* in learning student futsal sport class XII IPS 4 MAN 3 Cirebon. This matter because approach play is given method For convey material learning to students to students can with fast understand theory at a time can demonstrate movement in a way pleasant (Ginanjari, 2018; Machado et al., 2019). Activity approach play also appropriate For

practice cooperation within oneself children more emphasized on a designed learning model For produce fun, challenge, solution problems, motivation and creativity child For play and finish the game so that will help child grow interaction with Friend in group play it (Budiman, 2022). In learning or exercise If child feel like follow activities, then will more easy understand material presented so that matter This will influential to learning achieved.

Own deep passing skills futsal game of course will ensure various achievement, good form effective game nor good performance (Arrahman et al., 2019) Skills That can understood as indicator from level proficiency or mastery something things that require motion body (Septiana et al., 2021). Basically that something Skills That new can mastered or obtained, if studied or trained with condition certain, one among them is activity learning **must done in a way** Keep going continuously **in period time** certain things that are adequate and carried out with enjoyable activities so as not to boring (Arrahman et al., 2019) Play is easy activity done, cheap, interesting, and varied increase health physique (Hadyansah, 2021; Widodo, 2018). Selected and designed games with carefully selected and designed games with carefully can increase aspect physical, cognitive, motor, affective and aspects social. Through play, kids Study things new and playing in a way simultaneously. Characteristics important from play are : (1) play motivated in a way intrinsic, (2) play chosen in a way free free chosen by the participant, and (3) play must pleasant (Hardi Yanto & Sutapa, 2019).

From the description of the result data research conducted on the approach play to Skills *passing* in learning student futsal sport class XII IPS 4 MAN 3 Cirebon. Entire sample experience quite an increase significant in test Skills *passing* futsal game. This matter seen from all over sample own score valuable difference positive. Significant improvements are also possible seen from the original average 14.3 or 48% become 17.6 or 59%.

CONCLUSION

From the description of the result data research conducted on the approach play to deep passing skills learning student futsal sport class XII IPS 4 MAN 3 Cirebon throughout sample experience quite an increase significant in test futsal game passing skills. This matter seen from all over sample own score valuable difference positive. Significant improvements are also possible seen from the original average of 14.3 or 48% to 17.6 or 59%. So conclusion in study This is there is significant influence from giving approach play in futsal learning for enhancement students' passing skills.

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