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## THE ROLE OF PARENTS IN THE POPULARITY OF FINSWIMMING SPORTS IN CIMAHI CITY

**R. Rizky Mahardika Raharja<sup>1</sup>, Bambang Gatot Sugiarto<sup>2</sup>, Sriningsih<sup>3</sup>**

*Physical Education Health and Recreation, Sports Education, STKIP Pasundan, Cimahi,  
West Java, Indonesia*

### **Abstract**

This study aims to identify the factors influencing the role of parents in the popularity of finswimming, as well as its main factors. Parental roles are considered one of the key factors in the development of sports, particularly for children and adolescents. The research method employed was a quantitative descriptive approach using a survey methodology, involving a total sample of 65 parents from the Siliwangi Aquatic Club Cimahi, Surya Gemilang Diving Club, and Best One Aquatic. The research results indicate that there are six factors influencing the role of parents: economic factors, communication factors, knowledge and awareness factors, educational factors, social and cultural factors, and the provision of sports equipment. Most parents have a high awareness of the importance of finswimming, provide economic support, supply equipment, and actively build social support. However, challenges such as inconsistency in accompaniment, uncertainty in prioritizing education over sports, and the primary influence factor of parental role—knowledge and awareness—were identified. Overall, parental support significantly influences children's participation and interest in finswimming, leading to the conclusion that parental role is a key factor in enhancing the popularity of finswimming in Cimahi City.

**Keywords:** Parental Role, Finances, Popularity, Family Support, Sci-Fi.

### **INTRODUCTION**

Swimming is a type of water sport that is in demand by many people because it has many benefits and is a forum for individual development. In addition to swimming, there are also other water sports such as water polo, scenic jumping, scenic swimming, open swimming, and diving (Finswimming). Finswimming is a relatively new sport that has only recently been recognised by the IOC (International Olympic Committee) in 1986 (Rizky et al. 2024). Sport development Finswimming in Indonesia is also getting more and more rapid, as evidenced by the number of swimming associations and competition activities that are held regularly. This water sport is commonly called Finswimming is still a unit of diving sports, which is a water

sports activity that combines elements of swimming, diving, and the use of special foot equipment, namely monofin. In practice Finswimming, athletes use special equipment such as End (leg fins) and monofin (leg-bar) to increase the speed of swimming in the water (Sudarwati et al. 2023).

Finswimming It has the meaning of a sport that has movements using monofins or fins, both on the surface of the water and by diving in the water, where swimmers compete based on speed. Finswimming is a sport in which swimmers attach fins and compete based on speed on the surface of the water or below the surface of the water". Finswimming is the same technique and style as swimming. Competition Finswimming It is divided into four techniques, namely immersion, bi-fin, freediving, and Surface. The numbers are held in swimming pools, but some are also held in open water (Jannah et al. 2023).

### **1) Surface Finswimming**

Surface swimming (can be called SF) is swimming on the surface of the water using a mask or swimming goggles, snorkel (breathing apparatus) and monofin. The SF race numbers held at the renanf pool started from sprint distances to long distances, namely 50m, 100m 200m, 400m, 800m, 1500m, 4x100m, and 4x200m relays. As for the very long numbers, it is carried out in open waters. The rules imposed in this number are that swimmers must remain on the surface of the water until the race time is over, except at the time of start, reversal and finish. For more details about this number, you can see the image below.



Technique Surface Finswimming (SC 2020)

### **2) Finswimming Apnea**

Finswimming Apnea (abbreviated AP or commonly called Apnoea or apnea) is an underwater swimming that is done in a swimming pool using a mask or swimming goggles, monofins and is only allowed to take one breath. The apnea number contested is only 50m. Wajayh swimmers must continue to be underwater while the race takes place, if the swimmer takes a breath or climbs to the surface, the swimmer will be disqualified. Here's a picture of finswimming apnea techniques :



Technique Apnea (LIM 2017)

### 3) Finswimming Immersion

The sport of swimming has developed in various ways, one of which is the emergence of a type of swimming that uses breathing aids and is carried out in water, this type of swimming is called immersion. To be able to swim this use tools such as masks or swimming goggles, monofins and breathing apparatus assistance held in the pool. The IM race numbers start from 100m and 400m. The rules are the same as the others: the swimmer's face must be facing underwater during the race.



Technique Immersion Finswimming (FINSWIMWEAR 2020)

### 4) Bi-Fins

Bifins (abbreviated as BF or commonly referred to as 'stereo-fins') is swimming on the surface of water and competing at speed using a mask or swimming goggles, snorkeling and a pair of fins and using freestyle swimming. Race number Bifins Held in swimming pools starting from 50m, 100m, and 200m and for very long numbers held in wet waters such as 4km and 6km. Swimmers must remain on the surface of the water until the time of the race except at the start, reversal and finish. Here's a more detailed picture about Bifins:



Technique Bifins Finswimming (Iqbal 2024)

Based on sports competitions Finswimming In Indonesia and the world, there are several numbers that are contested. According to CMAS, it is a sports federation. Finswimming The following table will explain the numbers of finswimming competitions (CMAS 2023):

Race Number	Race Distance	Categories	Age Group
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Surface Finswimming (SF)	50m	Son/Daughter (Pa/Pi)	Junior/Senior
	100m	Son/Daughter (Pa/Pi)	Junior/Senior
	200m	Son/Daughter (Pa/Pi)	Junior/Senior
	400m	Son/Daughter (Pa/Pi)	Junior/Senior
	800m	Son/Daughter (Pa/Pi)	Junior/Senior
	1500m	Son/Daughter (Pa/Pi)	Junior/Senior
	4x100m relay	Son/Daughter (Pa/Pi)	Junior/Senior
	4x200m relay	Son/Daughter (Pa/Pi)	Junior/Senior
	Apnoea Finswimming (AP)	50m	Son/Daughter (Pa/Pi)
Immersion Finswimming (IM)	100m	Son/Daughter (Pa/Pi)	Junior/Senior
	400m	Son/Daughter (Pa/Pi)	Junior/Senior
	800m	Son/Daughter (Pa/Pi)	Junior/Senior
Bifins (BF)	50m	Son/Daughter (Pa/Pi)	Junior/Senior
	100m	Son/Daughter (Pa/Pi)	Junior/Senior
	200m	Son/Daughter (Pa/Pi)	Junior/Senior
	4x100m relay	Son/Daughter (Pa/Pi)	Junior/Senior

Popularity comes from the popular Latin word "populous" which means a lot of people. Meanwhile, in the Great Dictionary of the Indonesian Language (KBBI) the word popular has several meanings, namely (1). Known and loved by the crowd. (2). In accordance with the needs of the community in general, it is easy to understand by many people. (3). Liked and admired by the crowd. Success in the world of adolescence is often characterized by popularity (Pohan, Munawwarah, and Sinuraya 2023). So in this study, the popularity of sports Finswimming is a condition that reflects the widespread recognition, attention and acceptance of sport from the public Finswimming

The role of parents becomes very important at an early age, because at that age they are not yet able to be completely independent. One of the cognitive abilities that is developing at this time is the ability to conserve (the concept of going back and forth, being able to understand something, for example, water, a lot of water will remain the same, even if the place is different) (Juriana et al. 2021).

**RESEARCH METHODS**

This research method uses a quantitative descriptive method with a survey approach through questionnaires / questionnaires as the main data collection tool. This method was chosen because it was able to provide a systematic, factual, and accurate picture of the factors of the role of parents in the popularity of finswimming sports in Cimahi City.

Quantitative descriptive methods are a type of research designed to answer research questions by exploring or describing social situations in a comprehensive, broad, and in-depth way. Quantitative research with this descriptive method aims to present the facts or characteristics of a certain population or field in a systematic, factual, and accurate manner (Rustamana et al. 2024). This study uses a total sampling technique, Total sampling is a sampling technique where the number of samples is equal to the population. The reason for taking the total sampling is because if the population is less than 100, the entire population is used as a research sample. (Hidayat et al. 2024).

The data collection technique used a questionnaire instrument with a likert scale measurement of points 1 to 5, where point 1 with the category strongly disagrees and point 5 with the category strongly agrees. The indicators measured in this study are; What are the factors influencing the role of parents on the popularity of finswimming sports, keud; what are the main factors influencing the role of parents on the popularity of finswimming sports. Data analysis uses descriptive techniques which are concluded and then displayed in the form of percentages.

**Table 1.** Grid Instrument Role of Parents on the Popularity of Finswimming Sports.

Variable	Sub Variables	Indicator
The Role of Parents in the Popularity of Finswimming Sports in Cimahi City	Internal	Economic Factors
		Communication Factors
		Knowledge and Awareness Factor
	External	Educational Factors
		Social and Cultural Factors
		Factors in the Provision of Sports Equipment

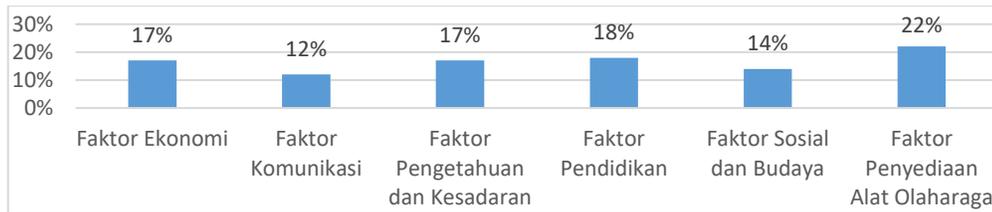
The questionnaire was made and tested first, then the questionnaire of parental understanding was distributed through a questionnaire that was printed and given to the respondents, namely parents who were in the Siliwangi Aquatic Club Cimahi, Best One Aquatic, and Surya Gemilang Diving Club clubs. Data analysis is calculated through statistics using mean values, standard deviations (standard deviations) and percentages.

**RESULTS AND DISCUSSION**

The results of the data that have been obtained through the collection of questionnaire answers on 65 parents who provided an assessment on the indicators of the influence factors of the role of parents on the popularity of finswimming sports. Based on the results of the study, it shows that the influence of the role of parents on the popularity of finswimming sports when viewed from the indicators of parental roles: The Factor of Providing Sports Equipment is in the first position with a percentage of (22%), the Second Factor of Education is (18%), the Third and Fourth Economic Factors of Knowledge and Awareness, the Fifth Social and Cultural Factor, and the lowest is the Communication Factor with a percentage of 12%.

**Table 2.** Results of the Percentage of Parental Role Indicators

Indicator	Introduce yourself
Economic Factors	17%
Communication Factors	12%
Knowledge and Awareness Factor	17%
Educational Factors	18%
Social and Cultural Factors	14%
Factors in the Provision of Sports Equipment	22%



**Diagram 1.** Indicators of Parental Roles

The results showed that the factors of parental role in the popularity of finswimming sports from the 6 indicators all had a positive response despite the variation in answers from parents. The highest factor in the role of parents is the factor of providing sports, so it can be concluded that parents are indeed ready to always provide the best tools for their children in order to provide a good experience of practicing and competing using their best tools. However, there was an interview conducted by the researcher with the finswimming coach, he mentioned that "the communication factor is the main foundation for the sustainability of other factors", because the club always organizes the hassle of parents after practicing about their children's shortcomings or development in finswimming which definitely encourages parents to run other factors. In addition, the researcher held an interview session with a sociologist, to strengthen the arguments and indicators of the role of the parents. The sociologist said that "all these factors play an active role in supporting the role of parents in the popularity of finswimming,

but there is a main factor that plays an important role in all these factors that play a role in all these factors that run well, namely the factors of knowledge and awareness. The communication factor is indeed important, I agree with the coach, but without knowledge, especially high awareness of parents, other factors will not go well".

Based on these results, it shows continuous results because the six indicators of the role of parents on the popularity of finswimming sports in general received positive responses from respondents, although with variations in assessment levels. The most dominant factor is the provision of sports equipment, which reflects the commitment of parents in providing the best facilities for children to support the training process and competitions. However, the findings of the in-depth interview also corroborate that the communication factor plays a crucial foundation, as conveyed by the coach that intensive communication between the coach and parents greatly encourages their involvement in various other aspects. On the other hand, the sociologist's perspective adds that parental knowledge and awareness are the main keys so that all factors of parental roles can run optimally. Thus, it can be concluded that there is continuity between factors, where good communication will be effective if it is supported by knowledge and awareness, and ultimately supports all forms of parental support for the popularity of finswimming.

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